

# Achievement Motivation

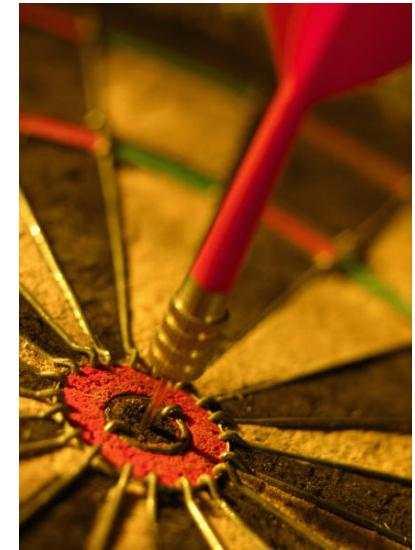
By Angela Trunzo

# Learning objectives

By the end of our time together, you will be able to...



- Describe the expectancy-value theory, contemporary model of achievement motivation, and self-worth theory
- Analyze how the idea of mindset fits with achievement motivation theories



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# Tonight's agenda

- Overview of motivation (5 minutes)
- Achievement motivation activity (30 minutes)
  - Small and whole group discussion
- Wrap-up & questions (5 minutes)



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# Overview of motivation

Schunk, D. H. (2012). Learning theories: An educational perspective (6th ed.). Boston: Pearson.

- “Process of instigating and sustaining goal-directed behavior”
- Not directly observable
- Helps explain behavior



(p. 346)

## Characteristics of motivated learners

- Put forth effort even if material is difficult
- Work on tasks regardless if mandatory
  - Read for fun
  - Solve problems and puzzles
- Life-long learners

(p. 346)

*“It’s hard to beat a person who never gives up.” ~ Babe Ruth*

# Small group activity

**TASK 1:** Each group will discuss (list) the key features of an achievement motivation theory.

**TASK 2:** Remaining in your breakout rooms, groups will individually watch the growth mindset video (<https://www.youtube.com/watch?v=-oqghnxBmY>). Next, think about how your group's achievement motivation theory relates to the idea of mindset.



Consider:

- How would the idea of mindset fit into your theory's structure?
- How might developing a growth mindset benefit learners' achievement motivation?
- Is there any downside to the idea of encouraging a growth mindset in relation to achievement motivation?
- **Bonus question:** If your group has time...how might the idea of growth mindset be applied to an area of your own life?

Record your group's ideas on your room's whiteboard. Also, be sure to decide who will speak for your group.

Once you move into your rooms, you will have **20 minutes** to complete both tasks.

# Achievement Motivation Activity



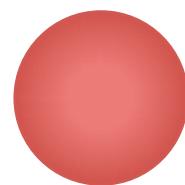
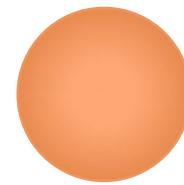
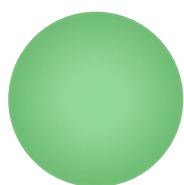
Group 1	Group 2	Group 3
<b>Expectancy-value theory</b> (p. 359-361)	<b>Contemporary model of achievement motivation</b> (p. 362-364)	<b>Self-worth theory</b> (p. 364-365)
Andrea, Alyssa, Leigh, Lynda	Marty, Natalie, Rosite, Hsin-Hui	Aaron, Jason, Katie, Priscilla



## Whole group discussion

**Objective:**  
Describe the expectancy-value theory, contemporary model of achievement motivation, and self-worth theory

**Objective:**  
Analyze how the idea of mindset fits with achievement motivation theories



## Wrap-up

You should now be able to...

- Describe the expectancy-value theory, contemporary model of achievement motivation, and self-worth theory
- Analyze how the idea of mindset fits with achievement motivation theories



## Questions?

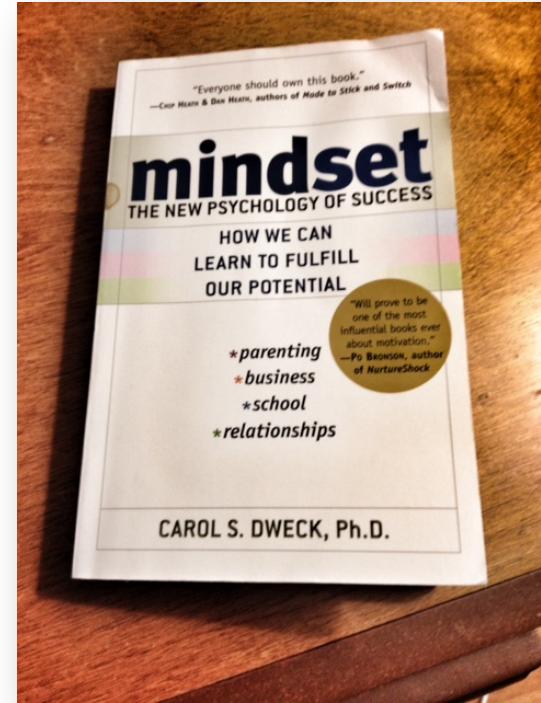
# Reference

- Schunk, D. H. (2012). *Learning theories: An educational perspective* (6th ed.). Boston: Pearson.



## Further reading

- Dweck, C. (2015, September 22). Carol Dweck Revisits the 'Growth Mindset' Retrieved from <http://www.edweek.org/ew/articles/2015/09/23/carl-dweck-revisits-the-growth-mindset.html?cmp=eml-enl-eu-news2>
- Dweck, C. (2006). *Mindset: The new psychology of success*. New York: Random House.



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