

Instructional Unit Syllabus

Achievement Motivation

By Angela Trunzo

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Your Role as Students

Graduate students

Main Instructional Objectives

- Describe expectancy-value theory, contemporary model of achievement motivation, and self-worth theory
- Analyze how the idea of mindset fits with achievement motivation theories

References

Schunk, D. H. (2012). Learning theories: An educational perspective (6th ed.). Boston: Pearson.

Lesson Plan

Introduction

5 minutes

Specific learning objectives

- Describe expectancy-value theory, contemporary model of achievement motivation, and self-worth theory by generating a list of key features
- Analyze how the idea of mindset fits with achievement motivation theories after watching a brief video and reviewing key features discussed during the first breakout session

Review evening's agenda

Brief overview of motivation

Achievement motivation activity

30 minutes

Small group discussion (20 minutes)

TASK 1: Each group will discuss (list) the key features of an achievement motivation theory.

TASK 2: Remaining in your breakout rooms, groups will individually watch the growth mindset video (https://www.youtube.com/watch?v=-_oqghnxBmY). Next, think about how your group's achievement motivation theory relates to the idea of mindset.

Consider:

- How would the idea of mindset fit into your theory's structure?
- How might developing a growth mindset benefit learners' achievement motivation?
- Is there any downside to the idea of encouraging a growth mindset in relation to achievement motivation?
- **Bonus question:** If your group has time...how might the idea of growth mindset be applied to an area of your own life?

Record your group's ideas on your room's whiteboard. Also, be sure to decide who will speak for your group.

Once you move into your rooms, you will have **20 minutes** to complete both tasks.

Whole group discussion (10 minutes)

Conclusion

5 minutes

Wrap-up

Questions